

YOLO COUNTY LOCAL MENTAL HEALTH BOARD

DESS Building,
500 Jefferson Blvd.,
West Sacramento, CA
April 26, 2010

MINUTES

Members Present: Millie Braunstein, Martha Flammer, Caren Livingstone, Marilyn Moyle, Robert Schelen, Tawny Yambrovich, Helen Thomson

Members Excused: Robert Canning, Guille Libresco, Hank Scherer, Marilyn Schwartz

General Public: Walter Shwe, Leslie Carroll, Michele Kellogg, Sandra Sigrist, Nancy Temple

Staff: Christina Hill-Coillot, Dr. Arturo Villamor, Craig Rothhammer, Joan Beesley, Lana Shramenko, Theresa Smith, Supervisor Jim Provenza.

1. **Call to Order and Introductions** – The March 22, 2010 LMHB meeting was called to order at 7: 09 p.m. by Chairman Marilyn Moyle. Introductions were made.

The Local Mental Health Board welcomed Supervisor Jim Provenza.

2. **Approval of Agenda** –

Motion: by Supervisor Helen Thomson to accept the agenda as submitted. **Second:** by Robert Schelen.
Approved and Carried.

3. **Approval of Minutes from February 22, 2010** – Accept the minutes as submitted.

Motion: by Supervisor Helen Thomson. **Second:** by Robert Schelen.
Approved and Carried.

4/5. **Announcements and Correspondence/LMHB Chair Report** – Marilyn Moyle

Leslie Carroll reminded everyone that the NAMI-Yolo Seeds of Hope Sunflower Art Show & Competition takes place May 31, 2010 – June 23, 2010. Entry forms are available at Yolo County Public Libraries, and the Davis Art Center, or contact www.namisunflowers.org, (530) 756-8181. Marilyn Moyle said that she has received calls from people as far away as Illinois, who would like to enter the competition. NAMI Sunflower Art Show & Competition informational post cards were distributed.

Caren Livingstone announced that the Wellness Center's move to the Bauer Building went well. Members are adapting and had their first all-staff members meeting. Caren has received positive feedback from members.

Marilyn Moyle announced that she cannot continue to be the LMHB chairperson. She encouraged someone to step-up and be nominated to the board. Millie Braunstein asked if the board would be appointing a nomination committee. Millie Braunstein, Tawny Yambrovich, and Bob Schelen volunteered to be on the nominating committee.

Motion: by Millie Braunstein to form a nominating committee. **Second:** by Tawny Yambrovich.
Approved and Carried.

Marilyn also asked for volunteers to help with the required Local Mental Health Board Annual Report. Tawny Yambrovich and Bob Schelen volunteered to help Marilyn with the report committee.

6. Board of Supervisors Report – Supervisor Helen Thomson

The Board has been busy conducting 5 of 6 all day budget workshops. The last workshop will take place on Friday April 30th. Staff will then bring gathered information to the Board on May 5th and 6th. In June the Board will adopt a provisional budget.

Supervisor Thomson thanked Kim Suderman and her staff for their excellent work for the ADMH budget workshop. Supervisor Thomson shared that there are a few glimmers of light on the horizon. People are beginning to shop, and houses are beginning to sell again.

7. ADMH Director's Report: ADMH Management/Staff Program Updates

Christina Hill-Coillot thanked the management Team for attending, and sharing the changes that are occurring at ADMH. Fewer resources have made the department look at how business is being done, and make improvements. Because the sixty-four programs that were prepared for the budget workshop were the most comprehensive documents ever prepared by ADMH, the update breaks it into bigger groups to show the changes that are being prepared for in 2010/11.

Patient Assistance Program (PAP): Lana Shramenko

Christina introduced Lana Shramenko the Patient Assistance Program (PAP) Coordinator. Christina commended Lana for doing a wonderful job with the Patient Assistance Program. Lana is one of the Yolo County Spirit Award Winners. Lana gave a highlight of the PAP Program:

PAP is run by Yolo County through the pharmaceutical companies to provide free medications for people who cannot afford to buy the medication out of pocket. Instead of the department using realignment dollars to pay for the necessary medication, the patient is enrolled in the PAP Program and the drug companies provide the medication. Although a great amount of paperwork and coordination are required, participating in the PAP Program improves the immediate access to needed medication and saves a significant amount of realignment dollars for the county. PAP serves around three hundred clients. PAP savings to realignment for fiscal year 2007/2008 is \$403,160.32; for fiscal year 2008/2009 it is \$521,134.18; for the first 9 months of 2009/2010 \$421,342.27 were saved. The projected savings for fiscal year 2009/2010 are \$560,000. Lana and Dr. Villamor went over the step-by-step process of serving patients through the PAP Program.

ADMH executive team will be meeting with the Health Department to brainstorm on how to implement the PAP Program for clients on YCHIP.

Information on PEI Implementation: Joan Beesley

There are five programs in the approved PEI Plan. The RISE Children's Resiliency Program was connected to the MHSA Community Services and Supports Program; it broke off and went

to the Prevention and Early Intervention component on July 1st of the last year. That was the first PEI program implemented. It was also expanded to include the Winters area so that it covers the western rural section of Yolo County. The PEI Wellness Project also includes a project for urban children's resiliency, which recently went to RFP. The county selected Victor Community Support Services to provide the resiliency-building program in Davis, West Sacramento, Woodland and the surrounding school districts. Victor Community Supports Services has three evidence-based practices ready to be implemented starting the first of May, serving all children's age groups and families. Also under the PEI Wellness Project is the program supporting the Senior Peer Counselor Volunteers. Justin Hall has been assigned to the Senior Peer Counselor group and has been doing a wonderful job.

The Early Signs Project includes two Programs: Early Signs Training and Assistance and Crisis intervention Training. The Mental Health First Aid training has been offered by the Early Signs staff to Senior Peer Counselors who work with older adults. Five staff members were trained in the Mental Health First Aid Certification Program (Anne Ofsink, an Occupational Therapist is one). The second program in the Early Signs Project is Crisis and intervention training, being run by Mike Summers, who is offering this specialized training to all six, law enforcement agencies in the county.

The first PEI program implemented is the Rural Children's Resiliency Program, and the last to be implemented is the Urban Children Resiliency Program, which should start in May.

Questions: What are the differences between the Rural and Urban Resiliency programs? Primarily, the Urban Program is much larger and uses 3 programs: NCTI which is essentially parenting training, Why Try, which uses scenarios and visual aids to involve families and kids and Love and Logic, one for the younger age group. Victor Community Supports was chosen because they had curricula that covered all ages. Incredible Years is a program RISE is using for younger children—but we are talking to them about using the Why Try program.

MHSA requires that PEI money is designated for the PEI plan. Each year we receive a specific amount which must be expended within 3 years. Next year, the PEI funding will decrease due to the state economy, but we will be able to maintain programs using unspent money from prior years—this is money that cannot be used for direct service programs (only PEI).

Children and Youth Services: Theresa Smith

Theresa explained that several partnerships will be continued for next year. Yolo Family Service Agency will be continuing with their target population and child welfare services youth. ADMH will also continue services for the Juvenile Justice Program and working closely with CommuniCare and Probation to serve the Juvenile Justice population. EQM Families First will continue to have the SB 163 WRAP Around contract. A RFP for EPSDT mental health services, that the providers are aware of, is posted and is due May 21, 2010. Providers can submit a proposal to serve different populations such as 0 to 5 and school age children, Intensive Community Based Services, and also Therapeutic Behavioral Services (TBS). The county is waiting to see what will happen to the funding source for those in Juvenile Hall. There is a need for assessment for those going to court to see what services can be offered.

The Chapter 26.5 Program is also continued.

This next year the Prevention team will be looking at our presence in all the different school districts. For years the county has not been funded to provide this mandate, and will wait to see what is happening at the state level.

Adult Services: Dr. Villamor:

Dr. Villamor shared that our primary goals are improvement in accessibility to service, continuous effectiveness in our treatment through evidenced based practice, enhance partnership through active collaboration with community providers and financial viability by focusing on our target population and helping them get their disability and medications. He explained that Psychiatrists are now more accessible and clients' wait time is shorter. Continuous monitoring of evidence-based practices is being done through bi-monthly Medication Monitoring. Ongoing System Utilization Review takes place every other Tuesday. Community providers participate along with doctors, and case managers to discuss cases. Peer reviews are done in the Medical Staff meeting every other Thursday. ADMH has an ongoing collaboration with CommuniCare, Partnership Health Plan, and Woodland Memorial. The focus is on serious mentally ill. If a client does not have Medi-Cal, they are sent to Lana Shramenko our PAP Coordinator, and Elena Jaime our Benefits Specialist to start the process. By seeing clients as soon as possible they are helped to become stabilized faster.

Fifty clients were transferred from the Strides to ADMH for medication management and nursing support. Dr. Villamor and Craig Rothhammer have been meeting with Strides weekly, on a regular basis, for coordination of care. Dr. Villamor is seeing them for Med Management, and the nurses are seeing them for injectables. This was one of the changes that were implemented mid-year, and hopefully will continue next year. Strides has eliminated their Psychiatric services and ADMH is now providing this service.

Changes with Wellness Center: Craig Rothhammer

Craig commended Joanie Turner and her staff, who worked so hard moving the Wellness Center to the Bauer Building, while still continuing to see their clients. Christina put together a Survey on Survey Monkey regarding the changes to the Wellness Center, which was presented to consumers to fill out. The survey showed consumers are happy with the way the program was configured.

Craig confirmed that FSP (Full Service Partner) does need to have an on call 24- hour worker on duty. Craig will be meeting with staff to set up a rotation of on call 24-hour workers. Calls will go through YCCC rather than Suicide Prevention. Suicide Prevention will continue to serve people who are in crisis and need their services. The larger part of Suicide Preventions function of doing mobile crisis will be going out for RFP (Request for Proposal) for the coming fiscal year.

ADMH will no longer continue to see people at Woodland Memorial who have private insurance or have Medi-care only.

The CONREP Program will no longer be handled by an internal staff person. This service is being given back to the State. The county currently provides 7 groups a week at the jail as part of the inmate education program, and will see how funding turns out, so that this can continue.

Helen suggested involving the community/stakeholders for CONREP clients with relatives in the community.

IT has worked very hard to develop a computer access log that is integrated with the Avatar system. When someone calls this access log assigns a temporary number and still keeps archival information in the log, enhancing communication, and making it available to staff 24/7.

The Area 4 Grant is also being discontinued. ADMH will continue to provide the full range of Older Adult Services, including peer counselors, to Medi-Cal beneficiaries and indigents who are SMI.

8. **Public Comment** – Martha Flammer expressed concern for the State overseeing the CONREP Program in this community.

Concerns were expressed regarding Safe Harbor. Christina reaffirmed ADMH's commitment to Safe Harbor.

Leslie Carroll and Nancy Temple were also concerned about budget cuts to providers.

9. **Adjournment** – The April 26, 2010 meeting was adjourned at 9:00 p.m. **Motion:** by Marilyn Moyle **Second:** by Bob Schelen
Approved and Carried.
10. **Next Meeting Date** – The next LMHB meeting is scheduled for Monday, May 24, 2010 at 7:00 p.m. at EQM Families First, 2100 5th Street, Davis, CA

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