



**Information and Support for Families with Kids
Experiencing Emotional and Behavioral Difficulties**

**Facilitated by Family Members Who Have Been There.
Offered by NAMI Yolo**

**May 5 through May 19, 2018
Saturdays: 9:00-3:00
In Woodland**

**Learn about the illnesses that cause
behavioral difficulties and treatment options.**

Gain tools to:

- *manage medication**
- *handle crisis and relapse**
- *talk to mental health providers**
- *navigate the school systems**

No fees for the program or materials.

**To Register - Contact NAMI Yolo
530-756-8181 friends@namiyolo.org**

For more information, go to www.namiyolo.org