



Dear NAMI allies -

January 2, 2019

It's no secret there's a critical housing shortage for Yolo County residents living with mental illness on Social Security Disability Income or Supplemental Security Income.

That housing shortage is getting worse. NAMI hears Allies' Helpline calls, hears Allies' questions at First Wednesdays, and hears the hurtful public comments NIMBYs make.

NAMI knows how disappointing it is to hear how to apply for a shelter instead of an apartment. We're horrified when you, your friend or your relative gets unable to manage his own meds, healthcare, shopping, cooking and sanitation – but the only available Board and Care available is some dump in a south Sacramento slum. And we've been speaking up about that

Now, Yolo County has a new plan to build something we need at Pacifico Apartments in Davis.

- They plan a 15-bed Board & Care we could live at when we need 24-seven care – instead of being exiled to Meadowview.
- They plan a behavioral wellness center in the same apartment complex.

These Pacifico plans will only get real if the neighbors get comfortable with them, the City Planners approve them, and the City Council says yes.

Please come show them our strength in numbers and our dignity as members of society at the Community Information Meeting on Thursday, January 10, 2019 from 5:30-7:00pm at the Montgomery Elementary School Library (1441 Danbury Street, Davis). Yolo County and Yolo County Housing leaders will explain the Pacifico Proposals and answer questions about the permit application.

Our job there, NAMI Allies, is to explain respectfully that

The Pacifico Proposal is what our community needs – proven treatments that strengthen recovery!

The Pacifico Proposal is where our community needs it – here were we live, where we have good recovery resources, where friends & family and staff will support us, where we can have safe, affordable lives without our health challenges exiling us to some distant slum.

The Pacifico Proposal is the next chance we've earned. Despite sometimes disabling symptoms, we've shown we're decent men and women building recoveries with meaningful lives, supportive relationships and futures to hope for.

From the beginning, when the only mental health facilities in Yolo County were three locked cells in the County Hospital, NAMI allies have stood up and spoken up together to tell our community what we need, why we need it, and how we deserve it. We've come a long way together, and we can come this bit further.

Additional details regarding this meeting can be found in the [Community Information Meeting Notice](#).

A handwritten signature in blue ink that reads 'June'.

June Forbes, NAMI President